

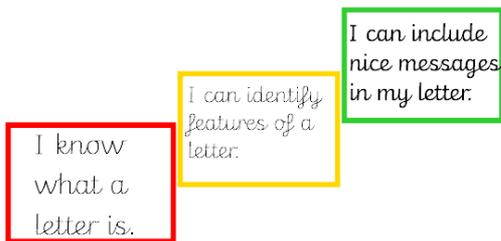
Today is 'Take Care Tuesday'.

Today we will think about how to express ourselves and share our feelings, thoughts, or ideas in lots of ways. We will complete lots of different activities that will get us thinking about our emotions and how to express ourself.

I know that I have been feeling all sorts of emotions. I am happy that I get to see all of your amazing learning in school. I am sad that I miss you all but I am excited to see you all soon. You must be missing your friends and relatives lots. I thought it would be nice to write a letter to somebody that you are missing.

Activity 1:

TBQ: Can I write a letter?



A letter is something that is written or typed. It is sent in an envelope by post. You send a letter to someone and usually get a letter in return.

Let's look at the example:

Y1 Letter Writing: Informal Example Text

88 Rockingham Road,
Cliff Town,
CT4 5TT,
9th July 2021

The address of who you are sending your letter to.
The date you are writing the letter.

Dear Nanny,

Who you are writing to.

I want to write to you because I miss you so much.

Introduction- Why you are writing.

I have been feeling a little bit sad that I have not been able to see you but I am really excited to see you soon. How are you feeling? I have been doing lots of colouring and playing in the garden. What have you been doing at home?

Questions asking the other person some things.

I want to plan a nice day out for when we can meet again. I know our favourite thing to do is walk around the Castle Grounds in Tamworth. We can go for a walk and get a yummy, warm sausage roll from Greggs. Then we can go to the play area and you can push me around on the red, speedy roundabout. Would you like to do that?

I hope my letter made you smile and you will reply to me soon.

Lots of love,

Frankie



Who the letter is from- YOU

Have a go at writing your own letter to someone you miss. You could draw a picture to send too 😊

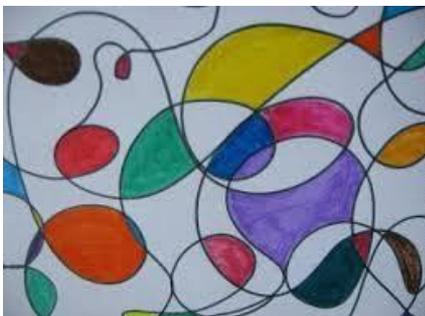
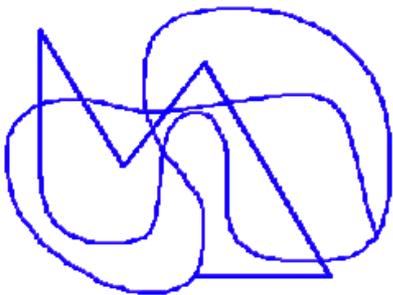
Activity 2

This activity is an art activity ...



Audio
Recording

We are going to take a pencil for a walk. Swirl it round on the paper. Then colour in the areas carefully in different colours.



Click on the link below

[Scribble Art](#)

[Scribble Art 2](#)

Activity 3

[Activity 3 video](#)

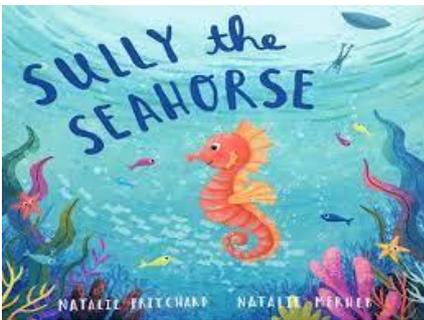
Draw your own rainbow with as many colours as you can find. In each colour, can you write something positive about you, your family or your friends? It could be something you are proud of, something you enjoy or something you love about someone else.



Activity 4

Watch the video of Mrs Fallows reading a story- Sully the Seahorse.

[Sully The Seahorse Story](#)



It's about being yourself because you are so special.

Draw yourself doing something that makes you special and unique.

Follow the Draw with Rob link to help you draw a self portrait:

[Click Here for Draw with Rob](#)

Can you write about what makes you special?

Who in your family is special and why?