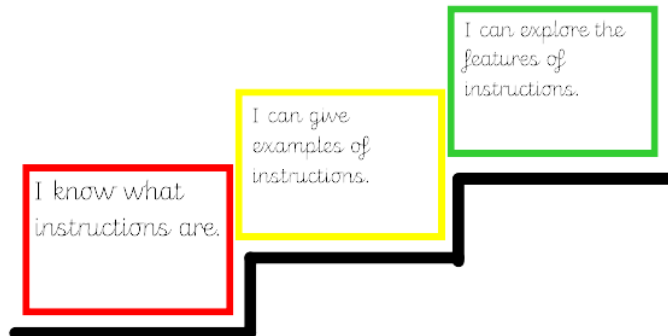


TBQ: Can I explore instructions?



What are instructions?

Instructions tell people what to do and how to do it.

They need to be clear and precise so that the reader or listener can follow them.

When we write instructions, it is important to add a **title** to let others know what we are doing.

Instructions Video

Can you follow these instructions?

1. Touch your toes.
2. Turn around.
3. Do a star-jump.
4. Lie on the floor.
5. Stand up tall.
6. Sit on a chair.
7. Clap your hands.
8. Touch your nose.

Example:


Can you spot the features in these instructions? Draw a line to show where these features are in the text. The first one has been done for you.

How to Catch an Alien

Would you like to catch an alien? Use these instructions to help you.

You will need

- a pair of unused underpants
- a rope
- a stick
- a large cardboard box without a lid
- a fishing net



1. Make a small hole in the box near to the top.
2. Push the rope through the hole. Leave one end longer than the other.
3. Tie the rope in a knot.

Numbers to separate steps

Introduction

Title

A list of what is needed

Bullet points

Bullet points

2. Push the rope through the hole. Leave one end longer than the other.
3. Tie the rope in a knot.
4. Put the box outside.
5. Use the stick to prop up the box under the rope.
6. Place the pants underneath the box.
7. Pick up the other end of the rope.
8. Take your end of the rope and hide near to the pants.
9. Wait for the alien to come to get the pants.
10. Pull the rope hard to knock the box down on top of the alien.
11. Lift the box up and scoop the alien into the net.

Instructions are full of command sentences. We use **command sentences** to give instructions. These always include a **bossy verb** (a verb that tells you what to do).

For example: **Stop running around.**

[Command Sentences Video](#)

Let's complete these instructions!

These bossy verbs have been removed from the instructions below.

eat, brush, get, walk, wash, go

Write out the sentences below. Use each bossy verb once to complete the instructions so that they make sense.

The first one has been done for you.

1. **Get** out of bed.
2. to the bathroom.
3. your face.
4. your teeth.
5. downstairs.
6. your breakfast.